

Christian Gymnastics & Cheerleading Academy



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Purpose: We, at Christian Gymnastics & Cheerleading Academy, strive to promote the message of Christ through the sport of gymnastics. We recognize that each child is a gift from God and should be treated as such.

Background: Jennifer Lay and Leslie McDonald started Christian Gymnastics & Cheerleading Academy in June, 1999. Christian Gymnastics was located at one central location with a competitive gymnastics and cheerleading program until 2004 when we added programs at Dawson Memorial Baptist Church, Hunter Street Baptist Church, Mountain Brook Baptist Church, and the Homewood Public Library. We currently offer gymnastics to preschool boys and girls ages 2K through 5K. Classes run from September - December, January - May and June and July. We play only Christian music during our classes and each class is closed with a story from The Beginner Bible.

Staff Notes:

Jennifer Lay is a member of Hunter Street Baptist Church. She was a gymnastics participant for 12 years and was a cheerleader for 8 years (four at Samford University). She has coached both gymnastics and cheerleading for more than 20 years and has a bachelor's degree in Athletic Training. She is co-owner and operator of Christian Gymnastics and Cheerleading Academy. She is AACCA safety certified, a USAG skill evaluator, and USAG safety certified.

Leslie McDonald is a member of Mountain Brook Baptist Church. She was a gymnastics participant for 12 years and was a cheerleader for 5 years. She has coached both gymnastics and cheerleading for more than 17 years. She is also co-owner and operator of Christian Gymnastics and Cheerleading Academy. She is USAG safety certified.

Kristina Fortney attends Heritage Place Church of Christ. She was a gymnastics and cheerleading participant for 8 years. She has coached gymnastics, including special needs gymnastics classes, and cheerleading for 10 years. Eight of those ten years have been with Christian Gymnastics & Cheerleading Academy.

Class Information:

Our classes for the 2011-2012 school year will begin the week of September 5 and run through the week of May 19. We will not meet the week of November 21-25, December 12-January 6, and March 13-17.

Classes can be 30 or 45 minutes long one time per week. Class sizes range from 6-10 students per class. Listed below are prices based on class length. We will bring the necessary equipment to teach your children skills on bars, balance beam, vault and floor exercise. We will also work on gross and fine motor skills.

Prices:

We charge a \$25 yearly registration fee since our classes are voluntary. Class prices will be adjusted if fewer class weeks are needed. There is a separate price for summer classes.

45-minute class = \$130 for the fall semester (13 weeks; Sept. 5 - Dec. 8)
\$170 for the spring semester (17 weeks; Jan. 9-May 7)

30-minute class = \$90 for the fall semester (13 weeks; Sept. 5 - Dec. 8)
\$115 for the spring semester (17 weeks; Jan. 9-May 7)