

*Your family  
Your church*



# The Dialogue

SAINT LUKE'S EPISCOPAL CHURCH

3736 Montrose Road + Birmingham, Alabama + 205-871-3583

Week of February 26, 2012

**Sunday  
Lectionary Readings**

**February 26, 2012  
First Sunday in Lent  
Year B**



Genesis 9:8-17  
Psalm 25:1-9  
1 Peter 3:18-22  
Mark 1:9-15

*Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.*

## THINK FAST

*A sermon preached by the Rev. Richmond Webster on Sunday, February 19, 2012 and based on Mark 9:2-9.*

There are verses in our Bibles that are just easy to apply or understand, verses that go well with a morning cup of coffee, verses to show us how God understands us, verses that give us a road map for our day. And when I say this, I'm thinking of those verses where we see Jesus being brave or faithful or compassionate, leaving us inspired to do the same, to be like him. Today's gospel reading is not one of those passages.

*Click [HERE](#) to access sermon page to read more or to listen.*

## YOU ARE INVITED TO THE OBSERVANCE OF A HOLY LENT

*By self-examination  
and repentance;  
by prayer,  
fasting, and  
self-denial;  
and by reading and  
meditating on  
God's holy Word.*

PLEASE RESPOND

# WEDNESDAY NIGHTS DURING LENT

5:30 pm - Supper for everyone in Graham Hall

5:45 pm - Children's Choirs

6:30 pm - Programs for all ages

Contemplative Eucharist

*During this season of Lent, we invite you to participate in our Wednesday programs.*

## PROGRAM IN GRAHAM HALL - 6:30 pm



*Our clergy continues their series*

**February 29: Anger**

The Rev. Christopher Girata

**March 7: Gluttony**

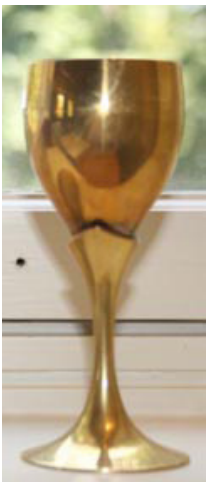
The Rev. Mark LaGory

**March 14: Sloth**

The Rev. Rebecca DeBow

**March 28: Greed**

The Rev. Stephen DeGweck



**Holy Eucharist  
Every Wednesday  
in the Chapel**

6:30 am, Rite II

10:00 am, Rite I

6:30 pm,

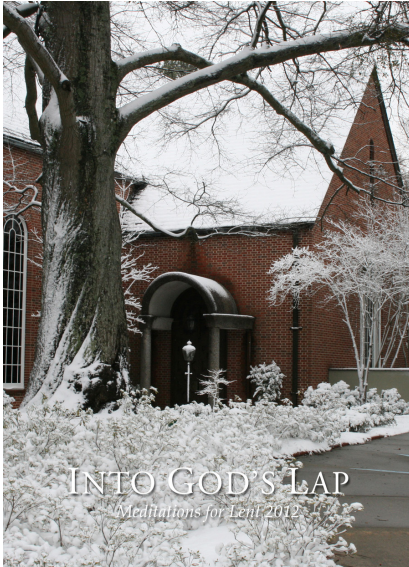
Contemplative Eucharist

**Lenten Fish Fry  
Wednesday, March 14  
5:30 pm to 6:30 pm • Graham Hall**



Join us for our annual Lenten Fish Fry! Father Chris's hand-breaded fish filets and scratch-made potato chips are a parish favorite for members of all ages. See you there!

# ANNOUNCEMENTS



## INTO GOD'S LAP MEDITATIONS FOR LENT 2012

Written by lay and clergy members of our Saint Luke's family, this book provides reflections, for each day of Lent, from Ash Wednesday through Easter, based on the scripture readings following the Daily Office from the Book of Common Prayer.

Books are \$10 and can be purchased this Sunday or during the week in Barbara Vandergriff's office. All proceeds will be donated to outreach.

### Consider Volunteering at 55th Place

55th Place is a non-profit organization that resells donated, re-usable items, from clothing to household and personal items, electronics to pictures and books to name only a few. It is located in the Woodlawn area of Birmingham, and proceeds from the store benefit the residents of that community. Currently, 55th Place needs some more volunteers; one can volunteer one day a month or once a week. To learn more, please contact Saint Luke's parishioner Emmy McGowin at 324-1629.

### Sign Up To Host Our BHN Guests

We will host our Birmingham Hospitality Network families here at Saint Luke's, from **Sunday, March 4 through Saturday, March 10**. We need volunteers to prepare meals, serve meals, spend the night, set up and take down rooms, do laundry, etc. Look for the board in Claypool Commons, and sign up to volunteer. For more information, contact Kim Kimberlin (kkimberlin@peds.uab.edu or 879-6937).

### ECW First Monday

*Featured Speaker:*

**The Rev. Richmond Webster**  
*God in His Creation*

**Monday, March 5**

11:15 - Fellowship    11:30 - Program  
Luncheon will follow program.  
Bring a friend. Childcare is available.

All women of the church are invited.

### Attention Senior Adults! February is a Busy Month

**Tuesday, February 28 – 11:00 a.m. Lunch and Program in Graham Hall** – Join us for a fun gathering when the Rev. Chris Girata will walk us through the Saint Luke's website and enlighten us on other current technology. Lunch and door prizes at noon! *Reservations for lunch are needed by Friday, February 24 at noon.* (802-6218 or jspeegle@saint-lukes.com)

***Read any good books lately?*** You are invited to bring them to the senior adult lunch on February 28 for a book swap. If you cannot attend the program but have books you would like to share, you may bring them to Jeanna's office (Rm 245). Books that are not taken will be donated to Episcopal Place.

# ANNOUNCEMENTS

## Walk Saint Luke's Labyrinth for Lent

*"Be still and know that I am God"*

"Be still and know that I am God" . . . is one of the most difficult invitations in the Bible for most of us. Our Culture and very natures are so invested in Doing and Achieving and Knowing.... How do we possibly find ways to observe "a Holy Lent" as our prayer Book instructs? For centuries, many Christians have found the practice of "Walking the Labyrinth" to be a simple and wonderful way to have a more "active" yet very contemplative meditation. There are no secrets or instructions or rules, it is purely an experience which many find a blessing. A path for mindfulness, or awareness, or respite, or prayer, each "pilgrim" brings different needs and expectations and has a different experience.



Saint Luke's will have a Labyrinth set up in Graham Hall as a Lenten opportunity on **Friday March 2nd from noon to 6:00 pm and Saturday March 3rd from 9:00 to noon**. Everyone (of all ages) is welcome to come walk the path into and back out of the ancient shape on the floor. We are blessed to have this tool to share with one another at Saint Luke's. Here each of us has the chance for a small journey into our own spiritual relationship for the short time we are on the Labyrinth. Who knows, maybe it will be the beginning of a new pilgrimage for each of us!

Please contact Mary Ellen Calhoun (733-1244) or Steve DeGweck (802-6203) for more information.

## What is Cursillo?

- An opportunity to grow in faith and in spirituality.
- A deeper understanding of the teachings of Jesus and how we can serve Him.
- An experience of living and sharing with others in a loving and caring Christian community and realizing that this can be extended into our own environment.
- A continuing community that gives support and encouragement empowering the renewed Christians to persevere in carrying out their Baptismal vows.



Cursillo includes a three-day weekend which begins on a Thursday evening and concludes on a Sunday. During these three days, talks are given by lay persons and clergy who have spent time working together carefully planning and preparing for the Weekend.

The weekend is an opportunity to meet clergy and laity who are seeking to strengthen their faith. Holy Eucharist will be celebrated daily. If you wish to learn more about the Cursillo movement, please contact:

Diane Weatherford 879-0894 dewbham@aol.com    Natalie Sansom 879-5815 nataliesansom@gmail.com

*If you have attended Cursillo but are not receiving emails from Nancy Cain periodically, please email her to update your email address. If you do not have an email address and need a hard copy, please let Nancy know as well. We can mail a copy to you. Please email Nancy Cain at: [ncain@saint-lukes.com](mailto:ncain@saint-lukes.com)*

# ANNOUNCEMENTS

## Vacation Bible School 2012 is Coming Soon!

June 4 - 7 • 9:00 am to noon

*Register Now!*



VBS is open to children who will be 4 years old by September 1, 2012 through those who have completed fifth grade by May, 2012. The cost is \$15.00. If your child will not be four by September 1, 2012 there will be a modified version of VBS for them if their parent(s) volunteers at least two days of the week. Please still register them online. The cost is \$15.00.

Babies & Toddlers are invited to join us on the days their parent volunteers and are free. They also need to be registered online. To pay: Please make checks payable to Saint Luke's Episcopal Church and mail them to c/o Emily Boles at the church or drop them in the basket in the Children's Ministry Office.

If you have any questions, please feel free to contact us!

Also, mark your calendars for our parish-wide VBS event, Wednesday, June 6th at 5:30 p.m. in Graham Hall. The theme this year is "Amazing Wonders Aviation: Encountering God's Awesome Power." Watch amazing things happen as children tour some of the world's most marvelous natural wonders and learn to trust and recognize God as they explore His awesome power!

Did you know that it takes approximately 100 people to run an extraordinary Vacation Bible School at Saint Luke's? Where would you like to help? VBS. *We welcome volunteers of ALL ages; you do not need to have young children to be a volunteer.* We look forward to another wonderful Vacation Bible School and hope you and your children will be along for the ride!

For more information, contact Emily Boles: [eboles@saint-lukes.com](mailto:eboles@saint-lukes.com) or 802-6211



## *Tornado Relief for Center Point Elementary School*

Saint Luke's Outreach has adopted a classroom at Center Point Elementary School. The school was totally destroyed in the tornado. They are moving classrooms to various sites and need the following donations:

- **Children's Books** to re-supply classroom libraries (14 teachers lost their classroom libraries) *K-3 appropriate books only*
- **Clear or Mesh Backpacks for students**
- **Dry Erase Markers**
- **Copy paper**

For further information call: The Rev. Mark LaGory at 802-6205.



# SAINT LUKE'S hunger INITIATIVE

During a two-day event last week, hundreds of Saint Luke's volunteers had the privilege of packing more than half a million meals for school children in Haiti. Working alongside participants from four other over-the-mountain churches, volunteers participated in the largest ever meal packing event for Stop Hunger Now. Stop Hunger Now is a non-profit organization that shows volunteers how to package dehydrated, high protein, and highly nutritious meals that are used in crisis situations and in school feeding programs for schools and orphanages in developing countries around the world. Once the meals are packaged by volunteers, they are delivered to less developed countries.

Last year Canterbury Methodist packed about 140,000 meals, and this year they wanted to raise their goal, so they invited four over-the-mountain churches to join the effort: Saint Luke's, Saint Stephen's, Vestavia Hills Methodist, and Brookwood Baptist. The churches committed to packing 500,000 meals, not knowing that no other group had ever packed that many meals during such an effort. Each church committed to providing both monetary and volunteer support.

In December, our Saint Luke's children collected more than \$500 in quarters from their "Happy Meal" boxes to begin the seed money for the cause. In January our parishioners began placing money in the Hunger envelopes at Sunday services and writing checks to our Hunger Initiative; we raised almost \$20,000.

Close to 300 volunteers showed up at Canterbury Methodist to pack meals. It was a fun, high-energy event and offered a job for every person regardless of age or ability. Our youth helped lift heavy boxes, our seniors measured rice and sealed bags, little children acted as messengers—everyone had a purpose. A gong sounded each time one thousand meals were packed. Volunteers worked for one to two hours, and in the end 500,126 meals were packed!

Thank you, Saint Lukers, for doing your part to put an end to world hunger!



# STOP HUNGER NOW!



*Thank you  
to our  
Volunteers  
and  
Donors!*



# STOP HUNGER NOW

