

CARING FOR GOD'S WORLD: Suggestions for each day of the Lenten Season

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>The earth is the LORD's and all that is in it, the world, and those who live in it. Psalm 24:1</p>	<p>17 <i>Ash Wednesday</i> Services: 6:30 am; 10:00 am; 6:30 pm Luke 18:9-14 BCP p. 217</p>	<p>18 Turn off water while brushing your teeth</p>	<p>19 Use reusable coffee mugs and water bottles</p>	<p>20 Use reusable or biodegradable items for entertaining</p>
<p>21 Walk outside and enjoy the night stars</p>	<p>22 Turn off the lights when leaving a room</p>	<p>23 Combine errands to save gas</p>	<p>24 Psalm 8 BCP 814, #1 Carpool to church</p>	<p>25 Save water by taking a shorter shower</p>	<p>26 Take your name off of direct mail lists: www.directmail.com</p>	<p>27 Schedule & get a tune-up for your car</p>
<p>28 Watch TV program entitled NATURE On WBIQ at 7pm</p>	<p>1 March Change filters on furnace/air conditioners</p>	<p>2 Use cloth napkins</p>	<p>3 Psalm 104:24-30 BCP p.827 #40 Hang yarn scraps on tree limbs for birds building nests</p>	<p>4 Run dishwasher only when full</p>	<p>5 Check carbon footprint by going onto www.nature.org And click on carbon calculator</p>	<p>6 Talk a walk in the Botanical Gardens</p>
<p>7 Drive at the speed limit</p>	<p>8 Try setting your water heater to a lower temperature</p>	<p>9 Check tire pressure for proper inflation</p>	<p>10 Psalm 19 BCP p. 827, #41 Save magazine pictures for school projects</p>	<p>11 Whenever feasible, use cold water in washing machine</p>	<p>12 Replace incandescent light bulbs with compact florescent</p>	<p>13 Plant a tree or bush</p>
<p>14 Take reusable bags when shopping</p>	<p>15 Turn off computers & monitor when not in use</p>	<p>16 Take lunch to work/school in reusable containers</p>	<p>17 Psalm 24 BCP p. 827, #38 Buy gasoline in the cooler part of the day</p>	<p>18 Buy "green" cleaning products</p>	<p>19 Print only when necessary & use both sides of paper</p>	<p>20 Take flowers to a sick or home-bound friend on this <i>1st day of Spring</i></p>
<p>21 Capture rainwater for your garden</p>	<p>22 Check to see if water heater needs an insulation blanket</p>	<p>23 Schedule an energy audit with AL Power</p>	<p>24 Psalm 93 BCP p. 828, #42 Take a walk to pick-up litter</p>	<p>25 Install low-flow shower heads</p>	<p>26 Eat a meatless meal & donate any savings to a favorite charity</p>	<p>27 Enjoy a "family or friends" picnic</p>
<p>28 <i>Palm Sunday</i> Take note of the full Easter moon</p>	<p>29 Give old shoes to Soles4souls www.soles4souls.org</p>	<p>30 Take The Stairs</p>	<p>31 Use rechargeable batteries</p>	<p>1 April Attend <i>Maunderly</i> <i>Thursday Service</i> 6:30 pm</p>	<p>2 Attend <i>Good Friday</i> <i>Service</i> at 12 noon</p>	<p>3 Attend <i>Easter Vigil</i> 7:00 pm</p>

Recycle—Re-use—Reduce— Recycle—Re-use—Reduce—Recycle—Re-use—Reduce—Recycle—Re-use—Reduce—Recycle—Re-use—Reduce